

# **NFL Extra**

## **Week 12**

<b>Segment</b>	<b>TRT</b>
Back Shoulder Fade	4:52
Kalil Family	9:49

### **1:59:59;03 - BACK SHOULDER FADE**

I GOTTA TRY A BACK SHOULDER FADE RIGHT HERE.

THE BACK SHOULDER FADE IS TAKING OVER FOOTBALL.

RADIO - THIS IS GREAT TIMING. BALL'S RIGHT THERE. HE DON'T HAVE A SHOT. DWAYNE BOWE WITH A BACK SHOULDER THROW!

WATCH THE BACK SHOULDER.

BE READY FOR A BACK SHOULDER RODDY.

RADIO - THERE WE GO. THE BACK SHOULDER CATCH.

BACK SHOULDERS IT LOOKS LIKE.

BE READY FOR THE BACK SHOULDER, O.K.?

DESCRIBING WHAT IT IS IS ALMOST AS DIFFICULT AS STOPPING IT.

I'M A RECEIVER AND I'M RUNNING THIS DIRECTION, AND YOU'RE THE DEFENDER AND YOU'RE FACING ME.

THE DEFENDER IS BETWEEN THE QB AND THE BALL EXCEPT HE DOESN'T HAVE EYES IN THE BACK OF HIS HEAD.

YOU'RE PLAYING THE FADE BALL WHICH IS ON THE TOP SHOULDER. THE BACK SHOULDER'S AN EASY THROW TO MAKE.

YOU GOT A GUY RUNNING FULL SPEED DOWN THE FIELD AND YOU'RE SUPPOSED TO GO STRIDE-FOR-STRIDE WITH HIM . THE NEXT THING YOU KNOW HE'S GOT HIS VISION BACK ON THE QB AND HE SEES THE BALL.

YOU WANT TO TAKE SOME AIR OUT OF THE PASS AND PUT IT ON THE BACK SHOULDER OF THE RECEIVER.

YOUR MOMENTUM CARRIES YOU DOWN THE FIELD. I SLOW DOWN AND CATCH THE BALL. STEP OUT OF BOUNDS OR STEP IN THE END ZONE.

RADIO - BRADY THROWS THE BALL BACK SHOULDER AND IT'S A TOUCHDOWN!

WHEN YOU PRESSED THE. THAT WAS PERFECT. THAT'S THE WHOLE THING RIGHT THERE.

QBS ARE TAUGHT TO LEAD RECEIVERS. RECEIVERS WANT TO BEAT DEF. BACKS.

RADIO - WELCOME BACK JOSH GORDON!

BUT BY LOOKING BACK, OFFENSES HAVE EVOLVED.

THE NFL DEFINITION OF OPEN IS A LITTLE DIFFERENT THAN ALL OTHER LEVELS OF FOOTBALL.

ANYTIME A DEFENDER'S BACK IS TURNED, YOU TELL HIM THE RECEIVER'S OPEN. HE'S EITHER COVERING ONE HAND OR THE OTHER.

THE BACK SHOULDER PASS DOES NOT START IN THE HUDDLE.

GET READY FOR A BACK SHOULDER POSSIBLY.

WELL, SORT OF.

THE BACK SHOULDER THROW IS MORE OF A ROUTE ADJUSTMENT BASED ON HOW THE DEFENDER'S PLAYING A SPECIFIC ROUTE.

WHEN A RECEIVER RUNS A GO, ALSO KNOWN AS A 9 ROUTE, THE QB CAN OPT TO THROW TO HIS BACK SHOULDER IF THE DEFENDER IS PLAYING FOR THE DEEP BALL

THE MINUTE THAT GUY GOES TO THE TOP YOU KNOW IT'S A BACK SHOULDER RUN? YES.

IT'LL ONLY BE A BACK SHOULDER IF IT'S PRESSED AND THE BACK'S TURNED. IF NOT WE'RE GONNA LAY IT UP.

IF HE PLAY HIGH SHOULDER, HE'S OUT. BACK SHOULDER. KILLS HIM.

RADIO - THROWS TO THE END ZONE. TOUCHDOWN!

IT'S JUST ANOTHER WAY TO GET A COMPLETION ON THE 9 ROUTE WHEN IT'S COVERED.

YOU KNOW EVERYONE THINKS YOU'RE GONNA RUN UP OVER THE TOP AND YOU GOTTA HAVE A QB WHO CAN THROW IT.

WHEN HE TURNS HIS HEAD, ALL YOU GOTTA DO IS JUST BACK SHOULDER HIM. YEA, THERE'S NO ONE THERE.

I THINK THE KEY TO THE BACK SHOULDER IS YOU CAN'T GO INTO THE ROUTE SAYING IT'S A BACK SHOULDER BECAUSE THE D.B. WILL NEVER BUY IT. SO THAT'S ONE OF THE BIG COACHING POINTS FOR US IS YOU GOTTA GO. YOU GOTTA MAKE HIM FEEL LIKE IT'S A FADE INTO THE CORNER OF THE END ZONE OR A GO ROUTE UP THE SIDELINES. GET HIM RUNNING OUT OF CONTROL, AND THEN YOU THROW IT BACK BEHIND HIM.

RADIO - THAT BACK SHOULDER FADE AND THEY WEREN'T AFRAID TO THROW IT OVER THE TOP TO RICHARD SHERMAN.

RADIO - JAY'S THROWING BACK SHOULDER. TOUCHDOWN BRANDON MARSHALL!

NO ONE KNOWS THE TRUE GENESIS OF THE BACK SHOULDER PASS.

I DON'T REMEMBER EVER THROWING THOSE. AT THAT TIME IT WAS THROW A GO-ROUTE 44 YDS., FEATHERING INTO A RECEIVER'S HANDS.

WE DON'T KNOW WHERE IT STARTED BUT WHOEVER DID IT, IT'S A GREAT IDEA AND IT'S BEEN WORKING.

THERE IS SOME EVIDENCE THAT IT'S MORE THAN JUST A RECENT FAD.

RADIO - ...TO THE RIGHT CORNER OF THE END ZONE. TOUCHDOWN KANSAS CITY!

I THINK IF YOU GO BACK AND LOOK AT NAMATH, YOU'LL SEE SOME BACK SHOULDERS THAT I THINK WERE PROBABLY PRETTY GOOD. HE CERTAINLY HAD A KNACK FOR IT.

THE FIRST GUY THAT I SAW THAT WAS THE BEST AT IT WAS WARREN MOON WITH THE OILERS, AND EVERYBODY TRYING TO COPY IT.

THAT WAS THE EASY LANE THERE.

LIKE ANY OFFENSIVE EVOLUTION, DEFENSES MUST NOW DEVISE A WAY TO STOP IT.

HOW CAN A D.B. STOP THAT?

CAN'T. I WAS JUST TALKING TO PATRICK PETERSON AND HE WAS UST LIKE, MAN, THIS IS THE HARDEST THING TO EVER STOP RIGHT THERE.

ANTICIPATE THAT ONE. I TRIED. O.K. I HAD THAT BACK SHOULDER. EXACTLY.

WHEN IT'S WELL-EXECUTED, YOU CAN'T DEFEND IT AND YOU DON'T WANT GUYS TO GET FRUSTRATED WITH IT.

RADIO - ONE OF THE MOST DIFFICULT PASSES FOR A CORNER TO COVER.

I DON'T WANT TO GIVE UP ALL MY TIPS BUT THE THING THAT THEY'RE TEACHING US NOW, YOU CAN'T TRY TO INTERCEPT IT, USUALLY. BUT IF YOU'RE PLAYING EVEN WITH THEM AND THEY'RE LOOKING LIKE UP FOR THE BALL TO COME, IT'S USUALLY OUT IN FRONT OF THEM FADE. IF THEY START LOOKING DIRECTLY BACK, THEN IT'S COMING BACK SHOULDER.

IT'S NOT IMPOSSIBLE TO COVER BUT IT'S PRETTY CLOSE.

IF YOU FEEL THAT A RECEIVER STARTS TO KIND OF LEAN BACK TO THE BACK SHOULDER, YOU TRY TO GET AN ARM INTO THE CATCH SPOT AS MUCH AS YOU CAN. REALLY, WHAT ELSE CAN YOU DO?

YOU DEFINITELY HAVE TO BE CRAFTY. YOU HAVE TO BE SAVVY. YOU GOTTA BE SMART.

IT ALSO HELPS TO BE REALLY GOOD.

RADIO - RICHARD SHERMAN ON A BACK SHOULDER THROW, LEAPS BACK. MAKES A ONE-HANDED CATCH.

BUT MOST OF THE TIME EVEN GREAT COVERAGE ISN'T ENOUGH AGAINST THE MOST UNSTOPPABLE PLAY IN FOOTBALL.

DAMN, I GAVE UP THAT BACK SHOULDER. I JUST STUCK MY HAND OUT TOO LATE.

## **2:04:59;17 - THE KALIL FAMILY**

YOU GUYS WANT TO GO SHAVE DADDY'S BEARD? (YEA.) LET'S GO. LET'S GO. GET A NICE TRIM.

THIS IS A PROFILE OF AN AMERICAN FOOTBALL FAMILY.

ALRIGHT. NICE. YEA, NICELY DONE.

A VERY ACCOMPLISHED FAMILY.

OH THAT'S NICE.

BOTH BROTHERS HAVE BEEN ALL PRO NFL OFFENSIVE LINEMEN.

THEIR SISTER IS A MUSICIAN WHO HAS COMPETED ON "AMERICAN IDOL."

AND THIS MODERN FAMILY AFFAIR ALL BEGAN WITH A RUGGED YOUNG CENTER... AND A PAGEANT QUEEN.

CHERYL VAN CLEAVE WAS CROWNED MISS CALIFORNIA IN 1981... AND PARTICIPATED IN THAT YEAR'S MISS AMERICA PAGEANT.

I WAS A PAGEANT GIRL WHEN I WAS YOUNGER, AND I'VE BEEN SINGING OR YEARS. I HAD A BAND FOR A LONG TIME. IN FACT, FRANK WAS WITH ME IN THE BEGINNING WHEN I FIRST HAD A BAND AND HE KIND OF TRAVELED WITH US AS A ROAD MANAGER. IT WAS A NIGHTMARE. SUPPOSEDLY, HE MET HER AND THEY GOT MARRIED IN 3 MTHS.

MY DAD GOT LUCKY WITH HER. SHE WAS MISS CALIFORNIA. DEFINITELY OUT-KICKED HIS COVERAGE.

THE BIGGEST GIFT MY PARENTS HAVE EVER GIVEN ME AND MY SIBLINGS IS JUST BELIEVING IN US AND TELLING US, TIME AND TIME AGAIN, WE CAN DO IT. WE CAN DO IT. WE CAN DO IT.

RYAN IS FRANK AND CHERYL'S FIRST-BORN.

MY OLDER SON, HIS MIND IS ALWAYS CLICKING.

AS A CHILD, FOOTBALL WAS ON RYAN'S... BACK BURNER.

RYAN, WHEN HE WAS A KID, HE USED TO DO ANIMATION. HE WOULD TAKE A PICTURE. HE WOULD PUT IT TOGETHER, CHANGE IT. GO BACK AND TAKE A PICTURE, AND HE'D JUST KEEP DOING THAT AND MAKE LITTLE FILMS.

WHEN HE WAS PLAYING FOOTBALL EARLY, IT DIDN'T LOOK REALLY PROMISING.

PART OF IT WAS BECAUSE I WASN'T ANY GOOD. WHEN I FELT LIKE I WAS STARTING TO DEVELOP A LITTLE BIT MORE I THOUGHT, WELL WHO BETTER TO GO TO THAN MY POPS.

AND I SAID, YOU DON'T HAVE TO DO THIS. BUT IF WE DO IT, WE GO TO THE PARK AND WE DO THIS STUFF, THEN WE'RE GONNA DO IT THE WAY I WANT TO GET IT DONE.

BUT I DIDN'T REALIZE HOW MUCH WORK IT WAS GONNA BE AND HOW HARD HE WAS GONNA BE ON ME.

BECAUSE I TOLD HIM, YOU CAN QUIT ANYTIME YOU WANT. YOU DON'T HAVE TO DO THIS. I'M NOT THAT DAD THAT IS GONNA MAKE YOU DO ALL THIS DIFFERENT STUFF. BUT WHEN HE AGREED TO DO IT, THEN I WAS THAT DAD THAT ... BUT HE WORKED. I MEAN I NEVER SEEN A GUY WORK AS HARD AS HIM.

SO WHEN MY BUDDIES WERE AT THE BEACH, WE WERE THERE DOING FOOTWORK AND HAND PLACEMENT AND USING MY BROTHER AS A PRACTICE DUMMY. HE WAS THE PASS RUSHER, AND HE WAS THIS LITTLE SKINNY, LONG, LANKY KID. I GOT TO BEAT-UP ON HIM WHEN HE WOULD PISS ME OFF.

HE WAS TWICE MY SIZE. I WAS A LITTLE 180 LB. 7TH GRADER GOING AGAINST MY BROTHER GETTING READY TO GO INTO COLLEGE.

YOU NEED MY HANDS UNDER HERE?

NO WE DON'T. NO, I DON'T NEED YOUR HANDS.

O.K. I JUST WANTED TO ASK. I KNOW I DON'T HAVE THE HANDS OF CAM NEWTON BUT THAT'S O.K. HERE WE GO ON 1.

NO, IT'S ON ME ACTUALLY.

OH IT'S ON YOU. O.K. MY BAD.

WHY'S IT ON YOU?

I KNEW HE WAS GONNA DO THAT.

ULTIMATELY, I STAYED THE COURSE AND IT WORKED OUT.

THE FOOTWORK AND HAND PLACEMENT HE LEARNED FROM POPS SERVED HIM WELL AT U.S.C., WHERE HE WAS NAMED THE PAC 10'S TOP OFFENSIVE LINEMAN.

HEY, IF I SLIP INTO THE 2ND ROUND IS THE WORST THING THAT EVER HAPPENS TO ME, I THINK I'LL BE ALRIGHT. LET'S GO WIN A SUPER BOWL.

ALRIGHT! CAROLINA!!

AT THE KALIL HOME IN CORONA, CALIFORNIA, RYAN CELEBRATED TURNING PRO WITH HIS WIFE AND FAMILY. (SHORT PAUSE) FIVE YEARS LATER, IT WAS LITTLE BROTHER'S TURN.... TO PUNCH HIS OWN TICKET TO THE PROS. MATT KALIL, TACKLE U.S.C.

BEING THE COMPETITOR I AM, I JUST WANT TO DO JUST AS WELL AS HIM. SO EVERYTHING HE DOES, I TRY TO MATCH THAT OR JUST UP HIM A LITTLE BIT. SO I THINK THAT'S THAT LITTLE SIBLING RIVALRY BUT KIND OF WANTED TO FOLLOW IN HIS FOOTSTEPS.

WE'RE GONNA WATCH DADDY COACH HERE IN A MINUTE. WHERE'S DADDY AT? I DON'T KNOW. YOU DON'T KNOW. OH, THERE HE IS OVER THERE.

WHO HAS YOUNGER BROTHERS? RAISE YOUR HAND. YOUNGER BROTHERS? THEY CAN BE ANNOYING SOMETIMES. I KNOW MINE CAN. SO JUST PRETEND HE'S YOUR YOUNGER BROTHER, AND COME OFF THE BALL AND HIT THESE BAGS HARD, O.K.?

EACH SUMMER, THE KALIL MEN RETURN TO THEIR ALMA MATER TO TUTOR THE SCHOOL'S NEXT GENERATION OF OFFENSIVE LINEMEN. THEY'RE JUST LITTLE KIDS, MAN. WHY YOU TRYING TO BEAT-UP ON LITTLE KIDS? THAT'S MESSED UP. JUST LET THEM WIN NOW. I'LL TRY. ALRIGHT!

I'VE BEEN NICE TO THIS GUY FOR 2 YRS. NOW. WASN'T I NICE TO YOU LAST YEAR? NO. COME ON. YOU'RE NOT NICE. NOW WAS I NICE TO YOU WHEN YOU FIRST STARTED? SEE.

BUT ENDS SOMETIMES JUSTIFY MEANS. (SHORT PAUSE) MATT MADE ALL PRO IN HIS ROOKIE SEASON WITH THE MINNESOTA VIKINGS. (LONGER PAUSE) RYAN'S SUPERB TECHNIQUE HAS EARNED HIM FOUR TRIPS TO THE PRO BOWL FOR THE CAROLINA PANTHERS.

RADIO - 1ST & 10 FROM THE 35. DEEP DROP BY NEWTON. LINES UP IN THE POCKET. SNAPS IT LONG DOWNFIELD. CAUGHT!

THEY JUST REALLY WANTED TO DO IT AND MY HAT'S OFF TO BOTH OF THEM BECAUSE THEY DIDN'T WANT TO BE GOOD. THEY WANTED TO BE GREAT.

HERE THEY ARE NOW IN THE NFL. ALL THEIR HARD WORK AND ALL THE THINGS THAT THEY DID HAS PAID OFF FOR THEM.

GRIDIRON GREATNESS WAS NOT AN OPTION FOR THE YOUNG LADY OF THE KALIL FAMILY. SO DANIELLE FOLLOWED IN MOM'S FOOTSTEPS.

SHE STARTED MODELING AT 13 AND STARTED SINGING PROBABLY ABOUT 10. SHE DECIDED SHE WANTED TO GO IN A PAGEANT. AND SHE SAID, "I WANT TO GO IN A PAGEANT." I GO, "WELL THERE'S TALENT." WHAT ARE YOU GONNA DO? SHE GOES, "I'M GONNA SING." I GO, "YOU ARE?" AND SHE WON. SHE GOT UP THERE AND SANG "CRAZY" BY PATSY CLINE AND JUST BLEW ME AWAY. I STARTED CRYING.

SHE MADE THE HOLLYWOOD FINALS OF "AMERICAN IDOL." THIS SUMMER, SHE RECORDED A SONG CALLED "THE WATER," THAT WAS RECENTLY RELEASED ON I-TUNES.

DANIELLE, CAN YOU HEAR ME? IT'S YOUR BROTHER. HI RYAN. JUST THOUGHT I'D GIVE YOU A PEP TALK. WHAT'S THE TALK? DON'T SUCK. O.K. O.K. I'LL TRY NOT TO DISAPPOINT THE FAMILY.

O.K. HERE WE GO.

THIS SONG WAS REALLY PERSONAL TO ME BECAUSE IT'S ABOUT, NO MATTER WHAT ANYONE THINKS, YOU GO AFTER WHAT YOU WANT. AND IT'S KIND OF IN OUR FAMILY TOO. SO ... WE'RE HERE TODAY RECORDING AN ACOUSTIC VERSION OF IT, AND THEN I'M GONNA GO TO NORTH CAROLINA AND RECORD LIKE A BIG PRODUCTION OF IT.

IT'S BEEN EXCITING TO WATCH HER GROW AS A PERSON AND AS AN ARTIST, AND WE COULDN'T BE MORE PROUD OF HER. SHE'S PROBABLY A LOT TOUGHER THAN ME AND MY BROTHER.

I KNOW ONE DAY SHE'S GONNA MAKE IT BIG. SO I TOLD HER I BETTER GET SOME BACKSTAGE PASSES WHEN SHE BECOMES A FAMOUS SINGER.

BRAVO.

SO WE PLAY YOU GUYS...WHEN DO WE PLAY YOU GUYS? NOVEMBER 30TH. WE'RE NOT PLAYING IN THE DOME, RIGHT? WHERE ARE WE PLAYING? T.C.F. GONNA BE COLD? MINUS-30.

LAST SEASON AT MALL OF AMERICA FIELD... THE KALIL BROTHERS SQUARED OFF AGAINST EACH OTHER FOR THE VERY FIRST TIME.

WHEN YOU GO THROUGH THAT MOMENT YOU NEVER REALIZE, MAYBE LOOKING BACK AT IT, HOW ..WHAT A SPECTACULAR DAY THAT WAS.



WE ACTUALLY SPLIT A SHIRT IN HALF AND SEWED IT TOGETHER. DANIELLE AND I DID. SO WE HAD BOTH SIDES GOING. AND THEN DANIELLE SANG THE NATIONAL ANTHEM. SO WE WERE A VERY PROUD FAMILY THAT DAY. THAT WAS AMAZING.

I THINK THAT MY PARENTS, THEY HAD A SMILE THIS BIG. IT WAS JUST A VERY EXCITING DAY FOR THEM.

RADIO - THE KALIL BROTHERS ARE PLAYING ON EITHER SIDE, AND SINGING THE NATIONAL ANTHEM IS THEIR SISTER DANIELLE KALIL.

AN ASPIRING MODEL AND SINGER, DANIELLE KALIL.

NERVOUS FAMILY. YEA. THAT WAS THE FIRST TIME YOU'VE BEEN TO A GAME THAT IT'S LIKE O.K. I AIN'T ROOTING FOR NOBODY.

ON THIS DAY, OLDER BROTHER'S TEAM WOULD PREVAIL.

RADIO - THROWS END ZONE. IT'S COMPLETE. STEVE SMITH LEFT SIDE. TOUCHDOWN CAROLINA PANTHERS.

RYAN HAD A GOOD ...

THERE'S NEVER A MOMENT WHERE HE'S NOT GRADING US. MY DAD'S A GUY ...HE'S IN THE GAME THE WHOLE TIME LOOKING AT BINOCULARS. JUST LOOKING. DOESN'T TALK TO ANYBODY. EVERYONE KNOWS JUST TO LEAVE HIM ALONE. HE GOES CRAZY WITH JUST ONE OF US PLAYING. SO WHEN WE WERE BOTH ON THE FIELD, I WAS TALKING TO MY MOM AFTER THE GAME. SHE SAID HE WAS GOING CRAZY JUST STRESSING OUT.

OBVIOUSLY, IT'S TOUGH PLAYING AGAINST YOUR BROTHER.

RADIO -GETS HIT AS HE THROWS AND IT'S INTERCEPTED.

IT'S A WIN-WIN FOR ME WHEN MY BROTHER CAN PLAY WELL AND WE CAN STILL WIN.

ATHLETICALLY, HE'S A LOT MORE GIFTED. HE GOT ALL THE BETTER GENES. LOOK-WISE, MUCH MORE HANDSOME.

YOU KNOW I LOVE PEOPLE TO KNOW THAT THESE 2 GUYS AND MY DAUGHTER ARE JUST SUCH GOOD KIDS OUTSIDE OF WHAT THEY DO. IT'S JUST BEEN A GREAT SO FAR FOR THE KALIL FAMILY.  
(END)